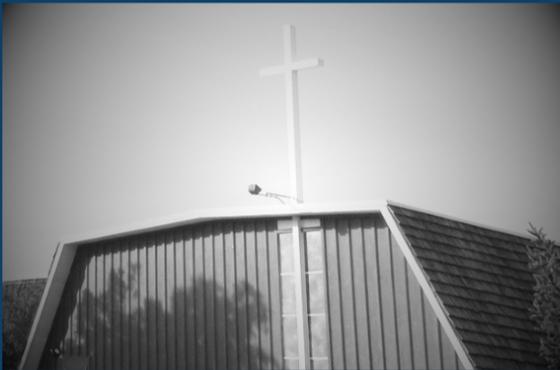


# TRINITY UMC & ST. PAUL'S UMC NEWSLETTER

January 22, 2026



## Sunday Morning

January 25, 2026

Speaker: Melinda Ginosar

Scripture: Psalm 27:1, 4-9

Sermon: "Joy for All People"

Services are streamed on Facebook Live  
Trinity Sunday Worship at 9:00 AM and  
11:00 AM at St. Paul's UMC



IDAHO FALLS UNITED METHODISTS  
TRINITY & ST. PAUL'S  
TOGETHER

Dear Friends,

Melinda Ginosar, the Ministry Coordinator for St. Paul's and Trinity, will provide the message on Sunday. Melinda has been a beloved part of St. Paul's for over 20 years and she is finding a special place in the heart of Trinity as well. I know you will be blessed in worship this Sunday, in person or online!

*-Rev. Elizabeth*

"TO MAKE DISCIPLES OF JESUS CHRIST FOR THE TRANSFORMATION OF THE WORLD"

**TRINITY UNITED METHODIST CHURCH-SUNDAY WORSHIP 9:00 AM**

237 N. WATER AVE. IDAHO FALLS, ID 83402 | 208-522-7921

**ST. PAUL'S UNITED METHODIST CHURCH- SUNDAY WORSHIP 11:00 AM**

1730 ST. CLAIR ROAD IDAHO FALLS, ID 83404 | 208-522-9076

# LUNAR NEW YEAR CELEBRATION

A Lunar New Year celebration will be held on **Sunday, January 25**, at the home of Rev. Elizabeth. This event will offer an afternoon of fellowship and cultural celebration, with three seating times available at 3 p.m., 4 p.m., and 5 p.m. Space is limited, and attendees are encouraged to sign up in advance at the church information table. Come gather and welcome the new year together.

## CAMP SCHOLARSHIP BAKE SALE



Stop by our bake sale on **Sunday, February 8**, at **both churches!** Proceeds will help fund church camp scholarships, making it possible for more kids and youth to attend camp. Treat yourself while supporting a great cause.

Church camp helps young people grow in their relationship with God through nature. The Idaho Falls United Methodist churches sent 6 youth to Sr High camp, 3 families to family camp and 2 adults to the Senior shindig. A Youth Rally was held in Pocatello in Nov. and 3-4 kids attended. The camping ministry provides leadership development as well. 3 youth serve on the council to plan 2026.

Thank you for supporting this important ministry for young people!

### SUNDAY

- 9:00 am Worship at Trinity UMC
- 11:00 am Worship at St. Paul's UMC
- St. Paul's Choir Practice 12:30 pm
- Bell Choir Practice: grace notes 3:30, Wesley: 4:30 pm
- **Lunar New Year Celebration**

### MONDAY

### TUESDAY

- Pickleball at 4:30 pm at St. Paul's UMC
- N.A. at 7:00 pm at Trinity UMC

### WEDNESDAY

- Men's Coffee at 8:30 at Perkins
- Women's Outreach & Fellowship 9:30 am at St. Paul's
- Upper Room Study at 10:00 am at Trinity UMC

### THURSDAY

- Pickleball at 4:30pm at St. Paul's UMC
- Amigos En Cristo 5:30 pm at Trinity UMC

### FRIDAY

- N.A. at 7:00pm at Trinity UMC
- Candlelight N.A. at 7:00 pm at Trinity UMC

### Saturday

- Young Adults Bible Study 3pm at Trinity UMC

### Men's Coffee Group:

A casual weekly gathering for men who enjoy coffee and conversation. Meets Wednesdays at 8:30 am at Perkins.

### Women's Outreach and Fellowship Group:

A welcoming group of women who gather for outreach, fellowship, and mutual support. Meets Wednesdays at 9:30 am at St. Paul's.

### United Women in Faith

The UMW meets at Trinity UMC at 1:00pm the second Thursday of each month. This is a women's group focused on service and discussions on current topics.

### Ladies Luncheon

All women are invited to a Luncheon at the Snow Eagle Brewing and Grill, **February 10<sup>th</sup> at 1:00 pm.** Contact Sharon Evans for details.

## **JOB OPENING: CHILDREN AND YOUTH MINISTRY COORDINATOR**

St. Paul's UMC and Trinity UMC are hiring a Children and Youth Ministry Coordinator. This 15-hour per week position will plan, develop and implement all aspects of ministry for children and youth for the 2 churches. This includes working with volunteers to provide Sunday School and child care during Sunday worship, assisting the pastor with confirmation, assisting the Ministry Coordinator with summer VBS, and connecting with youth in the community. Interested persons should send a cover letter and resume to [trinityumcidahofalls@gmail.com](mailto:trinityumcidahofalls@gmail.com)



## **COME FELLOWSHIP WITH US AT TRINITY UMC!**

**We'd love to share a meal with you each week:**

**First Sunday:** Enjoy warm fellowship during Soup Sunday.

**Second & Fourth Sundays:** Bring a dish and a friend to our Potluck Gatherings.

**Third Sunday:** Scouts delicious Pancake Breakfast.



## **CHURCH LIBRARY**

If you're in need of a good book to read, stop by the St. Paul's Church Library, which offers a wide variety of titles for all ages and interests. It's a quiet place to browse, borrow, and discover your next great read.



The United Women of Faith celebrate their heritage in the Methodist Church during the month of January. On January 25, members will be participating in the Trinity and St. Paul's worship services by serving as Greeters, Ushers, Liturgists, Communion Servers, and through sharing a brief glimpse into the organization with the congregations. We look forward to being together with you we sing, pray and worship Jesus, our Lord.

**The next Unit Meeting is February 12 at 1:00 p.m. in the Trinity UMC Parlor. Everyone is welcome!**



## **LADIES LUNCHEON**

All women are invited to a Luncheon at **The Snow Eagle Brewing and Grill, February 10th at 1:00 pm.**

Sign up at St. Paul's UMC & Trinity UMC  
Contact Sharon Evans for details.



## PickleBall.

**INTERESTED IN PLAYING PICKLEBALL AND PUTTING SOME FUN IN YOUR LIFE?**

Ralph Halsted will be offering free lessons at St. Paul's UMC gym Tuesday's and Thursday's at 4:30 pm. Open play will follow. Paddles and balls will be available. Please wear good court shoes. Cross-trainer shoes lead to turned ankles!

For questions, talk to Ralph or call the church office.



**Friday, February 6th at 6pm**

**Location: In the Fellowship Hall at St. Paul's UMC**

Everyone is welcome to come and enjoy the fun! Please bring a snack or drink to share. Sign up at Trinity UMC or St. Paul's UMC.

**Feel free to bring a card table if you have one available-it would be a big help!**

## UNITED IN SONG: CONNECTING THROUGH WORSHIP AT THE UMC



### TRINITY BELL CHOIR

A welcoming group for all skill levels, sharing music and fellowship through handbell performance. Practice times are Sundays at 4:30 for the Wesley Bell Choir. And Sunday at 3:30 for the Gracernote Bell Choir. Please speak to Janet Miller for more information at 575-430-1945 [jehmiller48@gmail.com](mailto:jehmiller48@gmail.com)



### ST. PAUL'S CHANCEL CHOIR

A welcoming group of singers who share their gifts through music during worship services. They rehearse Sundays at 12:30 PM. Talk to Jerry Shively or Jason Peters if you'd like to get involved.



### ST. PAUL'S PRAISE BAND

A passionate team of musicians helping lead Sunday morning worship with a blend of contemporary and traditional songs. They rehearse Wednesdays at 7:00 PM at St. Paul's. For more information, talk to Nancy Copp.

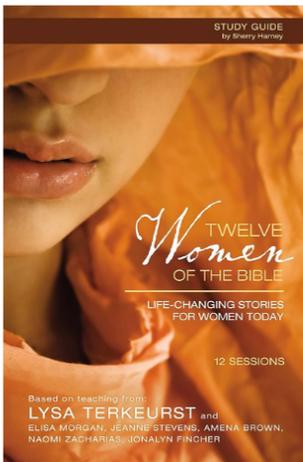
## GROWING TOGETHER

### New Prayer and Care Ministry

I am developing a ministry to undergird the ministries of the Idaho Falls United Methodist presence. The first stage is to develop a combined prayer outreach. St. Paul's current prayer chain will be expanded to include people from Trinity. When people have prayer requests during the week, they can contact the church office. Then the church office will send an email to all the people on the prayer chain. If you would like to receive prayer requests via email so that you can include them in your prayers, please let Amanda in the church office know. Her email is [trinityumcidahofalls@gmail.com](mailto:trinityumcidahofalls@gmail.com) and [stpaulsoffice@gmail.com](mailto:stpaulsoffice@gmail.com).

*-Rev. Elizabeth*

## BIBLE STUDY



St. Paul's Twelve Women of the Bible Study will focus on 6 women from the New Testament. We will look at women, whose lives were transformed by Jesus, and life changing stories for today. The Monday Study group will begin Jan. 5<sup>th</sup> at 1 pm. All are welcome.

The Thursday women's study will begin Jan 8<sup>th</sup> at 1 pm in the St. Paul's Parlor. This six week study will conclude in mid February and plans are being made for a new study during Lent. Details will be available soon.

-Connie Dobbins

## Young Adult BIBLE STUDY

Saturdays at noon  
at Trinity United Methodist Church

A small Sunday afternoon group that explores the week's Bible readings with a focus on fellowship and real-life sharing.



## UPPER ROOM STUDY

Wednesday mornings at 10:00 am  
at Trinity UMC.

A small, interactive group following The Upper Room devotional. Is also available via Zoom.

## MONDAY ONLINE BIBLE STUDY GROUP

Another adventure searching the minor Prophets of the Old Testament. It's never too late to drop by our group!

Our only study book is the Bible! Come join us for great conversation and theological information. Our tool kit as Methodists is the Word!

**We are studying through  
Habakkuk.**

**We meet via zoom Monday  
mornings at 10:00 AM.**

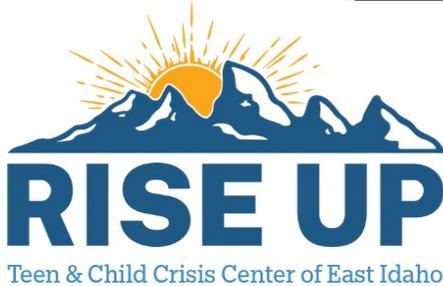


CONTACT JEANIE  
HUGHES OR USE THE  
QR CODE TO  
CONNECT.



**WHERE THERE IS HELP**  
**THERE IS HOPE**

- **Narcotics Anonymous** Tuesday's and Friday's 7pm at Trinity United Methodist Church.
- **Candlelight Narcotics Anonymous** 7pm at Trinity United Methodist Church



## Women's Fellowship

We invite everyone to join our January mission as we help the Rise Up Teen and Child Crisis Center. We will collect:

- Boxed milk (as fresh milk can often go bad)**
- Breakfast items in individual servings**
- Snacks**
- Powdered drink mixes**
- Deodorant in travel sizes**
- Underwear in various sizes for both females and males**

On **January 28**, we'll pack up the donations and take them to the Rise Up center. Rise Up is a free and 100% voluntary center that serves all youth ages 5-17. The center provides opportunities for crisis stabilization, assessments, and quicker access to services and treatment for youth in our schools, homes, and community.

Amigos en Cristo

# ENGLISH AS A SECOND LANGUAGE

**FIND YOUR VOICE IN A NEW LANGUAGE  
LEARN AND GROW IN A SAFE,  
SUPPORTIVE SPACE.**

**Learn English with us!**  
**Thursdays at 5:30 PM.**  
**Text (907) 502-4799 for details.**

- ✓ **No Registration Required**
- ✓ **Free Classes**
- ✓ **Friendly Safe Environment**

**For more information:**

"Text or WhatsApp your first name and phone number to (907) 502-4799"



## JOIN US IN MAKING A DIFFERENCE!

Amigos en Cristo ESL classes could use a few extra volunteers  
Your help makes a big impact! For details, please reach out to Jo Rose at 208-709-7111.

FEBRUARY

TRINITY UNITED METHODIST CHURCH

THE VALENTINE'S  
CONCERT

CUPID'S GREATEST HITS (AND MISSES)



6TH FEB 2026 | 6:30 PM

*All the things you love about love, and don't love about love.*

237 N Water Ave, Idaho Falls | Free Admission  
Semi-Formal Attire welcomed, not required

MARCH

TRINITY UNITED METHODIST CHURCH



7:00 PM

SATURDAY  
MARCH 21,  
2026

FREE  
ADMISSION

237 N  
WATER AVE,  
IDAHO  
FALLS

FAURE  
REQUIEM

EXPERIENCE THE  
TRANSCENDENT BEAUTY  
OF GABRIEL FAURÉ'S  
REQUIEM IN AN  
UNFORGETTABLE EVENING  
OF MUSIC

CALL 208-522-7921 FOR MORE INFORMATION

**YOU'RE INVITED TO COME TO A DELICIOUS SUNSHINE SOUP  
(SEVERAL KINDS) AND SALAD LUNCHEON.  
DESSERT WILL BE SERVED.**

Saturday, January 24<sup>th</sup> 2026  
From 11:00 am-1:00 pm  
Masonic Temple  
225 South Capital Ave.

15.00 per person  
50.00 per family  
Children 5 and under free

**Prepared by members of Idaho Falls Chapter #85 Order of the Eastern Star**

**A WALK IN THE COLD**

**5K WALK AND RUN**

PRESENTED BY: **IFRM**  
RESCUE RECOVERY RESTORATION

**SATURDAY MARCH 14, 2026**

**REGISTRATION \$45**

**START AT The Waterfront @ SNAKE RIVER LANDING**

scan the code to find out more, register, volunteer or sponsor

Chili Lunch provided by: **Grand Peaks Prime Meats**

**SUPPORT THE HUNGRY, HOMELESS AND HOPELESS**

This frosty-footsteps 5K is more than just a walk or run—it's a powerful reminder of the struggles faced by our local homeless population. By braving the cold together, participants experience a small glimpse of what many in our community endure every day.

Our mission is simple but vital: to raise awareness, inspire empathy, and generate support for individuals experiencing homelessness right here in our community. Every step you take helps bring hope, resources, and the possibility of change. Proceeds go directly to IFRM programs and shelters.

Learn more @ [www.walkinthecold.com](http://www.walkinthecold.com)  
Or call 208.745.3352



**Interfaith Lenten Soup Luncheon & Worship Series**

**Wednesdays February 25- March 25**

Join us for a midweek Lenten journey of worship, fellowship, and reflection on The Beatitudes. Free soup and bread luncheon will be served.

Weekly Schedule

11:30am - 12:00pm Soup Luncheon  
12:00pm - 12:30pm Worship  
12:30pm - 1:00pm Soup Luncheon

Upcoming Schedule

**February 25, 2026**

Location: Trinity United Methodist  
Scripture: Matthew 5:1-4, 12  
Preacher: Phil Hagen

**March 4, 2026**

Location: St. Luke's / New Day  
Scripture: Matthew 5:1-2, 5-6, 12  
Preacher: P.J. Simpson

**March 11, 2026**

Location: First Lutheran  
Scripture: Matthew 5:1-2, 7-8, 12  
Preacher: Elizabeth McVicker

**March 18, 2026**

Location: First Presbyterian  
Scripture: Matthew 5:1-2, 9-10, 12  
Preacher: Mike Knauff

**March 25, 2026**

Location: Seventh-Day Adventist  
Scripture: Matthew 5:1-2, 11-12  
Preacher: Pastor Ann Tsai-Hansen

You are invited to the annual Interfaith Lenten Series hosted by the Regional Council of Community Ministry. The series will be held midday on Wednesdays starting Feb. 25 and ending March 25. The Beatitudes will be the worship theme. Each week will be held at a different location with a guest preacher from another church. A free soup luncheon will be offered before and after the worship service to fit your schedule.

**11:30 - 12:00 Soup Luncheon Seating 1**  
**12:00 - 12:30 Worship**  
**12:30 - 1:00 Soup Luncheon Seating 2**

Come meet with people from other congregations and experience their sanctuaries, as we journey through Lent together.  
Questions? Contact Rev. Elizabeth

## COMMUNITY SUPPORT GROUPS



# GRIEF & LOSS ADULT SUPPORT GROUPS

10-Week Workshop  
Group Starting Wednesday,  
February 18, 2026 at 2:30pm

For more information  
contact the HEI office at  
**208-529-0342**

Space is limited - register today!

📞 Call: (208) 529-0342 ext. 1116

✉ Email: [ccook@hospiceofeasternidaho.com](mailto:ccook@hospiceofeasternidaho.com)

🌐 Website: [www.hospiceofeasternidaho.com](http://www.hospiceofeasternidaho.com)

📱 Scan the QR code for more info:



# HEARTSTONE HELPING KIDS HEAL

Children & Adolescents (5-18 yrs)  
Group Starting Wednesday,  
February 18, 2026 at 6:00pm

For more information  
contact the HEI office at  
**208-529-0342**

Space is limited - register today!

📞 Call: (208) 529-0342 ext. 1116

✉ Email: [ccook@hospiceofeasternidaho.com](mailto:ccook@hospiceofeasternidaho.com)

🌐 Website: [www.hospiceofeasternidaho.com](http://www.hospiceofeasternidaho.com)

📱 Scan the QR code for more info:



# 2026 CHURCH COUNCIL & STAFF

## Trinity UMC

<b><u>Pastor:</u></b>	Rev. Elizabeth McVicker
<b><u>Chair of Admin Council:</u></b>	Gene Summers
<b><u>Annual Conference Delegates</u></b>	Don Rohde Tommy Lew
<b><u>Lay Leader:</u></b>	Tommy Lew
<b><u>SPRC:</u></b>	Robin Stewart
<b><u>Trustee:</u></b>	Don Rohde-Chair Richard Dickson-Stained Glass Project Robin Stewart- IT & Special Projects
<b><u>Finance:</u></b>	Lynn Seymour- Chair Todd Smitherman-Accountant Kathy Borland-Endowment/Scholarships
<b><u>Christian Education:</u></b>	Betty Anderson- Chair Nancy Stewart-Youth Coordinator
<b><u>Council Secretary:</u></b>	Don Rohde

Connect with Trinity UMC  
208-522-7921  
<http://tumcif.org/>  
[trinityumcidahofalls@gmail.com](mailto:trinityumcidahofalls@gmail.com)  
<https://www.facebook.com/TUMCIF/>

## ST. PAUL'S UMC

<b><u>Pastor:</u></b>	Rev. Elizabeth McVicker
<b><u>Council Chair:</u></b>	Kelly Lawrence
<b><u>Annual Conference Delegates:</u></b>	Cindy Mason Jim Mason
<b><u>Trustees:</u></b>	Jim Mason Jeff Bell David Lively Cindy Mason
<b><u>FINANCE:</u></b>	Chris Holden, Chair Lacey Moon, Treasurer Lynda Fennern, Financial Secretary
<b><u>SPRC:</u></b>	Tracy Gohr
<b><u>Missions Coordinator:</u></b>	Jerry Cass
<b><u>Ministry Coordinator:</u></b>	Melinda Ginosar
<b><u>Council Secretary:</u></b>	Joyce Miles
<b><u>Women's Fellowship:</u></b>	Pam Prince

Connect with St. Paul's UMC  
[www.umcstpauls.com](http://www.umcstpauls.com)  
208-522-9076  
[StPaulsUMCoffice@gmail.com](mailto:StPaulsUMCoffice@gmail.com)  
[facebook.com/umcstpauls](https://www.facebook.com/umcstpauls)

## STAFF

Melinda Ginosar - Ministry Coordinator  
Amanda Thompson - Office Manager  
Angela Shanor - Graphic Designer  
Rob Denkins - Trinity Custodian  
Jerry Shively - St. Paul's Director of Music  
Ann Shively - St. Paul's Organist  
Jason Peters, Choir Conductor  
Allison Anderson - Trinity Music Coordinator and Pianist  
Amy Reid - Trinity Organist  
Janet Miller, Trinity Director of Wesley Bell Choir

**“...the joy of the Lord is your strength.”**

**Nehemiah 8:10**